



保良局顏寶鈴書院

(2019年3月)

飯盒供應商：維他天地服務有限公司 學生姓名：

班別：

班號()

日期	填寫餐款	A (HK\$23.00)	B (HK\$23.00)	C (HK\$23.00)	D (HK\$25.00)	E (HK\$27.00)
1/3	五	滷水雞腩飯	日式咖喱豚肉飯	蕃茄生菜包拼粟米杯	焗白汁粟米雞球飯	乾燒伊麵
4/3	一	粟米肉粒飯	京都甜酸汁魚柳飯	咖喱雜菜飯	焗粟米汁豬柳飯	日式海鮮炒飯
5/3	二	台式肉臊雞扒飯	咖喱薯仔雞球飯	雜菌炒翠肉瓜飯	焗黑椒汁牛扒飯	日式雞柳炒烏冬
6/3	三	咖喱牛腩飯	麻婆豆腐飯	鮮茄紅腰豆薯仔飯	焗蒜茸汁雞扒飯	揚州炒飯
7/3	四	咖喱魚柳飯	柱侯蘿蔔炆牛腩飯	泰式炒雜菜飯	焗葡汁魚柳意粉	乾炒雞絲意粉
8/3	五	雞中翼滷蛋飯	俄國牛柳絲飯	葡汁四蔬飯	焗洋蔥豬扒飯	乾炒牛肉河
11/3	一	粟米汁豬柳飯	台式肉臊雞扒飯	素肉四季豆飯	焗俄國牛柳絲意粉	菠蘿雞粒炒飯
12/3	二	白汁雞皇飯	滑蛋粟米魚柳飯	乳香蓮藕麵筋飯	焗芝士肉醬意粉	雜菜豉油皇炒河
13/3	三	咖喱雞飯	蟹柳肉碎蒸水蛋飯	粟米白汁南瓜飯	焗燒汁豬扒腸仔飯	五香肉丁炒飯
14/3	四	照燒雞腩飯	菠蘿沙嗲肉片飯	素雞香菇炆蘿蔔飯	焗鮮茄牛肉意粉	乾炒肉片河
15/3	五	是日不用午膳				
18/3	一	是日不用午膳				
19/3	二	是日不用午膳				
20/3	三	是日不用午膳				
21/3	四	是日不用午膳				
22/3	五	是日不用午膳				
25/3	一	日式照燒汁豚肉飯	薯仔炆雞翼飯	雪耳萬筍飯	焗鮮茄肉醬意粉	鮮菇菜粒雞絲炒飯
26/3	二	雞中翼滷蛋飯	照燒汁金菇豚肉飯	枝竹扒冬菇蘿蔔飯	焗白汁火腿雞絲飯	生炒牛肉飯
27/3	三	南瓜炆排骨飯	雙菇肉絲扒豆腐飯	鮮菇扒時菜飯	焗黑椒豬扒火腿飯	揚州炒飯
28/3	四	粟米肉粒飯	沙嗲金菇肥牛飯	金菇雲耳素肉飯	焗白汁蘑菇雞皇飯	黑椒肥牛炒麵
29/3	五	咖喱牛腩飯	茄子魚柳飯	欖菜四季豆飯	焗意式鮮茄魚柳意粉	日式野菜豚肉炒烏冬

3月午膳飯盒費用：A-C HK\$23.00 X ___天 = HK\$_____ + D HK\$25.00 X ___天 = HK\$_____ 截止繳交日期：22/2/2019
 + E HK\$27.00 X ___天 = HK\$_____ 實交HK\$_____ (請同學依時繳交，逾期恕不受理，敬請原諒)

付款方法：

- A. 支票(期票恕不接受) - 抬頭請寫「維他天地服務有限公司」
- B. 銀行入數 - 請到以下任何一間銀行分行繳款：
中國銀行(香港)：戶口號碼：012-875-0-024073-4；戶口名稱：維他天地服務有限公司
- C. 7-11付款 - 請小心保存機印收據，如有遺失，將無從核對

* 請於支票 / 銀行入數存根 / 7-11收據背後寫上校名、學生姓名、班別及聯絡電話
 遞交方法：同學請把右方之訂購表連同支票 / 銀行入數存根 / 7-11機印收據交回班主任
 請假手續：同學們如因病假缺席，請在該日早上9:00前致電本公司取消訂飯。電話：6792 8861

應繳付7-11便利店金額：HK\$_____

7-11(MCS) 000835425



(7-11店員請將整份訂購表交回顧客)

【請保留整張訂購表交回維他天地職員，待蓋印後以作收據憑證】

填寫餐款

(2019年3月)

校名：保良局顏寶鈴書院

姓名：_____

班別：_____

班號：_____

3月份飯盒費用：

HK\$23.00 X ___天 = HK\$_____

HK\$25.00 X ___天 = HK\$_____

HK\$27.00 X ___天 = HK\$_____

實交HK\$_____

請選擇付款方式：

- 支票(期票恕不接受)
~ 抬頭請寫「維他天地服務有限公司」
- 中國銀行(香港)
~ 戶口號碼：012-875-0-024073-4
~ 戶口名稱：維他天地服務有限公司
- 7-11付款

請各同學注意：如忘記攜帶或遺失飯卡，本公司將不會後補午餐及補發飯卡，請大家妥善保存個人飯卡。不便之處，敬請見諒。



PLK NGAN PO LING COLLEGE

(March 2019)

Lunch box supplier: Vitaland Services Ltd.

Student Name:

class :

no. ()

Date	Please fill in	A (HK\$23.00)	B (HK\$23.00)	C (HK\$23.00)	D (HK\$25.00)	E (HK\$27.00)
1/3	Fri	Rice w/ Soy-Marinated Chicken Leg	Rice w/ Curry Sliced Pork In Japanese Style	Tomato Lettuce Bun w/ Corn Kernels Cup	Baked Rice w/ Chicken & Corn Kernels in Cream Sauce	Braised E-nu Noodle
4/3	Mon	Rice w/ Diced Pork & Corn Kernels	Rice w/ Fish Fillets in Beijing Style Sweet & Sour Sauce	Rice w/ Curry Mixed Vegetables	Baked Rice w/ Sliced Pork Fillets in Sweet Corn Sauce	Fried Rice w/ Seafood in Japanese Style
5/3	Tue	Rice w/ Chicken & Minced Pork In Taiwanese Style	Rice w/ Curry Chicken & Potatoes	Stir-Fried Rice w/ Assorted Mushrooms & Courgette	Baked Rice w/ Beef Steak in Black Pepper Sauce	Fried Udon w/ Chicken Fillets in Japanese Style
6/3	Wed	Rice w/ Curry Beef Brisket	Rice w/ Sautéed Bean Curd In Szechuan Style	Rice w/ Red Kidney Beans, Potatoes & Fresh Tomatoes	Baked Rice w/ Chicken Steak in Garlic Sauce	Fried Rice in Young Chow Style
7/3	Thu	Rice w/ Curry Fish Fillets	Rice w/ Radish & Stewed Beef Brisket in Chu Hou Sauce	Rice w/ Stir-Fried Assorted Vegetables, Thai Style	Baked Spaghetti w/ Fish Fillets in Portuguese Sauce	Stir-fried Spaghetti w/ Shredded Chicken
8/3	Fri	Rice w/ Chicken Wings & Marinated Egg	Rice w/ Shredded Beef in Russian Style	Rice w/ Mixed Vegetables in Portuguese Style	Baked Rice w/ Pork Chop & Onion	Stir-fried Rice Noodles w/ Sliced Beef
11/3	Mon	Rice w/ Sliced Pork Fillets in Sweet Corn Sauce	Rice w/ Chicken & Minced Pork in Taiwanese Style	Rice w/ Stewed Seitan-Beef (Wheat Gluten) & Snap Bean	Baked Spaghetti w/ Shredded Beef in Russian Style	Stir-Fried Rice w/ Diced Pineapple & Chicken
12/3	Tue	Rice w/ Chicken A La King	Rice w/ Braised Fish Fillets, Scrambled Eggs & Corn Kernels	Rice w/ Braised Lotus Root & Wheat Gluten in Taro Sauce	Baked Spaghetti w/ Minced Meat & Cheese	Stir-Fried Rice Noodles w/ Assorted Vegetables in Soy Sauce
13/3	Wed	Rice w/ Curry Chicken	Rice w/ Steamed Egg, Minced Pork & Crab Sticks	Rice w/ Pumpkin in Cream Corn Sauce	Baked Rice w/ Pork Chop & Sausage in BBQ Sauce	Fried Rice w/ Spicy Pork Hash
14/3	Thu	Rice w/ Teriyaki Chicken Leg	Rice w/ Satay Sliced Pork & Pineapple	Rice w/ Braised Mushrooms, Radishes & Seitan-Chicken Wheat Gluten	Baked Spaghetti w/ Fresh Potatoes & Beef	Stir-Fried Rice Noodle w/ Sliced Pork
15/3	Fri	NIL				
18/3	Mon	NIL				
19/3	Tue	NIL				
20/3	Wed	NIL				
21/3	Thu	NIL				
22/3	Fri	NIL				
25/3	Mon	Rice w/ Sliced Pork in Teriyaki Sauce	Rice w/ Braised Chicken Wings & Potatoes	Rice w/ White Fungus & Celtuce	Baked Spaghetti w/ Minced Meat & Fresh Tomatoes	Stir-Fried Rice w/ Shredded Chicken, Fresh Mushrooms & Diced Vegetables
26/3	Tue	Rice w/ Chicken Wings & Marinated Egg	Rice w/ Enoki & Sliced Pork in Teriyaki Sauce	Rice w/ Braised White Gourds, Bean Curd Sticks & Radishes	Baked Rice w/ Shredded Chicken & Ham in Cream Sauce	Stir-Fried Rice w/ Beef
27/3	Wed	Rice w/ Braised Pork Ribs & Pumpkins	Rice w/ Shredded Pork, Bean Curd and Twin Mushrooms	Rice w/ Braised Mushrooms & Assorted Vegetables	Baked Rice w/ Pork Chop & Ham in Black Pepper Sauce	Fried Rice in Young Chow Style
28/3	Thu	Rice w/ Diced Pork & Corn Kernels	Rice w/ Enoki & Satay Beef	Rice w/ Stewed Seitan(Wheat Gluten), Enoki & Black Fungus	Baked Rice w/ Chicken & Mushroom in White Sauce	Stir-Fried Noodle w/ Beef in Black Pepper Sauce
29/3	Fri	Rice w/ Curry Beef Brisket	Rice w/ Braised Eggplants & Fish Fillets in Spicy Garlic Sauce	Rice w/ Sautéed Snap Beans with Preserved Olive Vegetables	Baked Spaghetti w/ Fish Cutlet & Fresh Tomatoes in Italian Style	Stir-Fried Udon w/ Sliced Pork & Assorted Vegetables in Japanese Style

Please fill in

(March 2019)

School name: PLK NGAN PO LING COLLEGE

Student name: _____

class _____

No. _____

lunch box fee :

HK\$23.00 X ___ days = HK\$ _____

HK\$25.00 X ___ days = HK\$ _____

HK\$27.00 X ___ days = HK\$ _____

Total Amount\$ _____

Payment :

Cheque
 "Payable to "VITALAND SERVICES LTD"

Bank in slip : Bank of China (HK)
 "A/C No. : 012-875-0-024073-4
 "A/C Name : VITALAND SERVICES LTD

Pay by cash at any
 7-11 Convenience Store

lunch box fee : A-C HK\$23.00 X ___ days = HK\$ _____ + D HK\$25.00 X ___ days = HK\$ _____ + E HK\$27.00 X ___ days = HK\$ _____ Total amount HK\$ _____

DEADLINE : 22/2/2019

(Late submission must not be accepted. Sorry for any inconvenience)

Payment:

A. Cheque (payable to "VITALAND SERVICES LTD").

B. Bank in slip ; Name of Bank : Banks of China (HK)
 A/C No. : 012-875-0-024073-4 ; A/C Name : VITALAND SERVICES LTD

C. Pay by cash at any 7-11 Convenience Store

Pay by cash at any 7-11 Convenience : HK\$ _____



(7-11店員請將整份訂購表交回顧客)

Please write down the school name, student name, class no. and telephone no. on the back of the receipt.

Submit : Please return the right hand side order form and cheque / bank receipt / receipt of 7-11 to school teacher

Leave Procedure : In case of absence or sick leave, students or parents have to inform school tuck shop (Tel.:6792 8961) before 9:00am

[Please return the completed order to Vitaland, receipt will be issued after stamp verification]

Please Note: Students are responsible for keeping their own meal card properly. If students have forgotten to bring or lost the meal card, no lunch meal will be re-arranged and no meal card will be replaced by Vitaland Services Limited. We are sorry for any inconvenience caused. Thank you for your attention.